

## High Cholesterol, Low Cholesterol

There are many people who swallow a number of pills to lower their cholesterol levels that are allegedly too high. There are a few differences between the various kinds of cholesterol of which some should be bad and other ones should be good.

People should take tablets to lower their cholesterol because the lower the cholesterol, the less cholesterol will be deposited in the blood vessels. Or at least that is what the “authorities” claim.

But is that correct? I am of the opinion that it is right the opposite. High measured cholesterol in the blood means that almost nothing is being deposited. Because what is being measured? What is measured is the free flowing cholesterol in the blood. If it is free flowing then it is not deposited. If you lower the cholesterol levels, then what happens with that cholesterol? Indeed, it is being deposited, exactly the opposite of what the “authorities” say they are achieving.

The medication that is being prescribed for high cholesterol attaches itself to the cholesterol molecules which then sink and attach themselves to the walls of the arteries and veins. Exactly the opposite of what one is allegedly trying to achieve.

If one really wanted to address the cholesterol level on a causal level, one would have to address the production of cholesterol, which is controlled by the functions of the gallbladder. The gallbladder is in control of the fat metabolism. The liver produces the bile which is released by the gallbladder, whenever it is deemed necessary. But the medical experts are incapable of addressing the functions of the gallbladder.

Due to the enormous amount of stress that most people are exposed to, the gallbladder starts to malfunction. The **gallbladder** is very sensitive to stress. It also causes most emotional outbursts.

## High Blood Pressure

In connection with the cholesterol issue it is often alleged that the deposits cause high blood pressure. Of course this can be so, but it is never the cholesterol deposits that cause the high blood pressure. The cholesterol deposits can only attach themselves to calcium deposits that are there already. If there are calcium deposits the walls of the arteries and veins, those walls become inflexible and can therefore not adjust itself to changing circumstances. Those changing circumstances can be increased stress, which automatically lead to increased pressure in the blood. This increased pressure does not have to lead to anything if the walls are flexible and is not measurable.

The gallbladder is also responsible for the dilation and cramping of the blood vessels. If there is continuous stress the blood vessels will stay in a cramped state. This cramped state leads to an increased blood pressure which can be permanent.

The gallbladder is in most cases responsible for the high blood pressure. It can also be the kidneys which rule the water household in the body. High blood pressure is always caused by too much fluid in a too small place. Which means that there is either too much fluid in the blood vessels or the blood vessels are too small. The blood vessels that are too small must be calcified or cramped. If there is too much fluid, the kidneys do not excrete sufficient, which can be due to malfunctioning kidneys or due to exhausted adrenal glands.

## **The Parathyroid**

The parathyroid is responsible for the calcium deposits. This **calcium metabolism** is malfunctioning and the calcium does not go to the bones where it should go. It is deposited in the blood vessels, the kidneys (stones) and the gallbladder (gall stones).

Also when you have **osteoporosis**, do not take **calcium** because in the end this will cause your whole body to calcify and cause **Parkinsons**.

If your body is withdrawing **calcium** from your bones and has not deposited calcium there, it will not do that with the additional calcium either. You are just burdening your body.